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► People are seen outside of the Civic campus of The Ottawa Hospital on Wednesday. Police charged a security guard who worked there with sexual assault.

STEVE COLLINS/FOR METRO

Security guard at hospital charged with sexual assault

► Accused in court via video Wednesday ► Will be under house arrest until next court appearance on Jan. 26

A security guard at The Ottawa Hospital's Civic campus has been charged with sexually assaulting a disabled patient.

Clinton Russell, 42, was charged on Wednesday with sexual assault and sexual exploitation against a person with a disability. Police said the assault occurred on Dec. 23.

Police believe there may be other victims, which isn't typical in sexual-assault investigations, said spokesperson Const. Marc Soucy.

"There are reasons to believe that this may not be an isolated case," said Soucy.

Russell, who has worked at the hospital for more than 10 years,

was placed on leave the night the alleged incident occurred, said Dr. James Worthington, the hospital vice-president responsible for patient safety.

Worthington would not say how Russell may have had access to the victim.

"I'm not going into the details

because this is a police investigation," said Worthington.

The hospital cared for the victim on the evening of the alleged assault and she continues to receive care, said Worthington.

The hospital is currently reviewing its security practices.

"We do deeply regret that this

alleged incident has taken place. Obviously, when anything like this happens, we go back and review what are our normal processes and policies," he said.

Police are asking anyone with information about the alleged assault to come forward.

► JESSICA SMITH AND JOE LOFARO

Four teens face arson charges for bridge fire

► Gatineau Bridge was popular with outdoor enthusiasts ► Fire caused more than \$1 million in damage {page 4}

News

Shafia mom suggests eldest son a witness

► Woman accused of killing her three daughters and husband's other wife {page 12}

Home

Give your hardwood floor a little TLC

► DIY expert explains how to stain a wood floor in five easy steps {page 21}

Sports

Sens a surprise team

► Halftime awards {page 25}





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Gitmo. Decade



► Local members of Amnesty International march past the U.S. Embassy on Ottawa on Wednesday.

STEVE COLLINS/METRO

Amnesty Int'l marks 10 years since opening of Gitmo detention facility

The Amnesty members marched to mark the 10th anniversary of opening of the detention facility at Guantanamo Bay, Cuba. Amnesty staged events in several countries to call attention to what they say are ongoing violations of human rights and international law at the U.S. military facility.



A dispute over buggy safety has made scofflaws of Kentucky's Amish, and some may face jail time. Scan the code for the story.

To scan 2D barcodes in Metro, download the free ScanLife app at 2dscan.com.

On the web at
metronews.ca

Denver Nuggets mascot summons some Tim Tebow mystique for half-court shot. Watch at metronews.ca/video

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Drunk-driving charge for minivan driver

- Man was transporting three special-needs children ► They suffered minor injuries
- Charges laid months after the van he was driving rolled into a ditch



JOE LOFARO
@METRONEWS.CA

A Gatineau man was charged with impaired driving Wednesday,

months after the minivan he was driving rolled into a ditch, injuring three special-needs high school students.

Police charged Dobroslov Corluka, 65, with

driving while impaired, impaired driving causing bodily harm, and dangerous operation of a motor vehicle causing injury to a passenger.

The driver lost control

of the vehicle on Davidson Street and crashed into a ditch in May.

At the time, he was driving three teenagers who have mental disabilities.

The passengers — two 16 year olds and one 19 year old — suffered minor injuries. They have since recovered, said Gatineau police spokesperson Const. Pierre Lanthier.

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Four teenagers face charges for Gatineau bridge fire

► Suspects in arson cannot be named because they're under 18 ► Bridge popular with outdoor enthusiasts



JOE LOFARO
@METRONEWS.CA

Gatineau police arrested four minors Wednesday on arson charges in relation to the Brabant-Philippe Bridge, which was destroyed by a fire on Dec. 30.

Three 14-year-olds and one 17-year-old from Gatineau all face charges of committing arson and conspiracy to commit arson, said police spokesperson Const. Pierre Lanthier.

The teenagers were interviewed by police and released with conditions on Wednesday. They are expected to return to juvenile court in February.

Police said the fire was lit under the structure with the help of corrugated plastic panels that were stolen from the neighbourhood and set on fire. The fire caused more than \$1 million in damage.

Lanthier said the public had a role in identifying the teenagers.

"Police received information about them, the four teenagers," said Lanthier. "People came forward with information by phone, by email, on our website."

The bridge is still in ruins, and officials from the government of Quebec will assist in the cleanup, he added.

Bridge history

- The pedestrian bridge was built in 2007 by volunteers and was the first covered bridge to be built in Quebec in the 21st century.
- It measured 108 feet long and hovered over the White River.
- The bridge linked people in the Campeau Arena to nature trails and wooded areas of east Gatineau.



► The destroyed bridge is seen in a photo provided by Gatineau police.

CONTRIBUTED

Canada's first PM gets honour he can take to the bank

► Pierre Poilievre, parliamentary secretary to the minister of transport, infrastructure and communities, stands with a bust of Sir John A. Macdonald on Wednesday.



STEVE COLLINS/FOR METRO

Sir John A. Macdonald got a 197th birthday present from the Canadian government, but it's a bit of a fixer-upper.

The historic Bank of Montreal building on Wellington Street across from Parliament Hill will be renamed in honour of Canada's first prime minister.

Conservative MP Pierre Poilievre, decked out in a Victorian frock coat and cravat for the occasion, an-

nounced the dedication on Wednesday.

"In addition to honouring his role in the creation and development of our great nation, the naming of the Sir John A. Macdonald Building pays homage to his influence on the transformation of Ottawa from its beginnings as a logging town to a world-class capital," Poilievre said.

The Sir John A. Macdonald Building will be a venue for parliamentary ceremo-

nial events and large meetings, but first it requires extensive restoration work,

which begins this year and is to be completed in 2015.

► **STEVE COLLINS**

Sir John ABCs

- Sir John A. Macdonald, born Jan. 11 in Glasgow, Scotland, was a lawyer, Kingston alderman, MP, Father of Confederation and Canada's first prime minister.

- Served twice as prime

minister, from July 1, 1867 to November 5, 1873 and again from October 17, 1878 until his death on June 6, 1891.

- Legacies include the Canadian Pacific Railway, Banff National Park and the Northwest Mounted Police, predecessor to the RCMP.



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Kemptville trio wins CHEO lotto

Three lucky Kemptville residents are the grand-prize winners of the CHEO Dream of a Lifetime Lottery valued at more than \$1.8 million.

Mike, Madeleine and

Maurice Viau will also walk away with a fully furnished Minto Dream Home, \$100,000 in cash, a 2012 Lincoln MKZ Hybrid from Jim Keay Ford Lincoln, housecleaning for a year from the Maids Home Services and \$5,000 in groceries from Farm Boy.

All other ticket holders can check their tickets online at dreamofalife-

Not too shabby

Dave Stewart won the second prize worth more than \$157,000. It includes \$100,000 in cash, a 2012 Ford Mustang, a Mediterranean cruise and a \$10,000 gift certificate from Jubilee Fine Jewelers.

time.ca at 5 p.m. on Thursday. ● METRO

Deep cuts bode ill for capital growth

- ▶ Ontario lags West in economic forecast for 2012
- ▶ Oshawa predicted to have highest growth in province



JESSICA SMITH
@METRONWS.CA

The federal government's austerity measures for the civil service will result in a cumulative loss of 9,000 jobs over two years, the Conference Board of Canada predicts, which could mean, in turn, that growth in Ottawa-Gatineau will be restricted to 1.8 per cent this year.

The Ottawa-based economic forecaster released a new metropolitan outlook Wednesday that placed the capital region 20th out of 27 major metropolitan areas in terms of economic growth, economist Alan Arcand said.

"About one in five workers in Ottawa works for the federal government, so any cutbacks in that sector will have an impact," Arcand said.

He estimated the job cuts will slow down economic growth in the capital region by about half a percentage point. The cuts aside, Ottawa's economic growth wouldn't keep pace with other, more "dynamic" local economies, such as in the Toronto area.

Meanwhile, Finance Minister Jim Flaherty has said officials are still working out the details of austerity measures, but some departments could be asked to cut more than 10 per cent of their budgets.

Some have already announced staffing reductions, including Human Resources, Environment and Fisheries and Oceans, under a previously announced strategic review.

WITH FILES FROM THE CANADIAN PRESS

More coverage {page 13}

PAWEŁ DWULITZ/THE CANADIAN PRESS



▶ Jim Flaherty

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Motorbike assassins strike

► Bomb kills Iranian nuclear expert ► Covert war heats up

It seemed a clockwork killing:

Motorcycle riders flashed by and attached a magnetic bomb onto a car carrying a top nuclear scientist working at Iran's main uranium enrichment facility.

By the time the blast tore apart the silver Peugeot, the motorcycle was blocks away, weaving through Tehran traffic.

Behind it, the nuclear scientist lay dead and his driver dying.

It was the latest strike in what Iran calls an escalating covert war — at

least the fourth targeted hit against a member of Iran's nuclear brain trust in two years.

Wednesday's blast killed Mostafa Ahmadi Roshan, 32, a chemistry expert and a director of the Natanz uranium enrichment facility, the centrepiece of Iran's expanding program to make nuclear fuel.

"A heinous act," said Iran's Atomic Energy Organization.

But it warned defiantly: "We will continue our (nuclear) path."

THE ASSOCIATED PRESS



► Magnetic bomb aftermath: A car is removed by mobile crane in Tehran on Wednesday in this photo provided by Iran's semi-official Fars News Agency.

CORRECTION NOTICE

As result of printing the wrong material, an incorrect price was displayed in yesterday's advertisement for Timothy's World Coffee's Mix & Match K-Cup program. The correct price for 24 K-Cup packs should have been listed as \$16.99. Metro Canada apologizes for any confusion this may have caused. Please see the Timothy's ad in today's paper on page 10.

Israel hints of 'bad things'

Whodunnit?

Defiant Iran pointed the finger at archfoe Israel for Wednesday's bomb assassination in Tehran.

Israeli officials, however, hinted at covert campaigns against Iran and its nuclear aims without directly admitting involvement.

"Many bad things have been happening to Iran in the recent period," said Mickey Segal, a former director of the Israeli military's Iranian intelligence department.

"Iran is in a situation

U.S. denies it

► The United States insisted it had nothing to do with Wednesday's killing.

► "I want to categorically deny any United States involvement in any kind of act of violence inside Iran," said Secretary of State Hillary Rodham Clinton.

where pressure on it is mounting, and the latest assassination joins the pressure that the Iranian regime is facing."

On Tuesday, Israeli mili-

tary chief Lt. Gen. Benny Gantz was quoted as telling a parliamentary panel that 2012 would be a "critical year" for Iran — in part because of "things that happen to it unnaturally."

Russia strongly warned the West on Wednesday against any attack on Iran.

Military action would be a "grave mistake, a flagrant error," said Deputy Foreign Minister Sergei Ryabkov. "It could shake the foundations of the international system."

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It's a jungle up there ...

► Astronomers discover solar real-estate boom ► New planets and new stars in strangest of places

The cosmos are a crowded and crazy place as three new studies demonstrate a solar real estate boom

The more astronomers look for other worlds, the more they find.

They think planets easily outnumber stars in our galaxy and they are finding them in the strangest of places.

One of those studies shows that in our Milky

"We're awash in planets where 17 years ago we weren't even sure there were planets."

HARVARD UNIVERSITY ASTRONOMER LISA KALTENEGGER

Way, most stars have planets. And since there are a lot of stars in our galaxy — about 100 billion — that means a lot of planets.

"We're finding an exciting potpourri of things we didn't even think could ex-

ist," said Lisa Kaltenegger, a Harvard University astronomer. Those things include planets that mirror Star Wars' Luke Skywalker's home planet, which orbited twin suns, she said.

THE ASSOCIATED PRESS



► Kepler 35, a newly discovered planet, circles not one but two stars.

► Technicians work on the Phobos-Ground space probe before its Nov. 9 launch. It was supposed to explore one of Mars' two moons but it malfunctioned.

RUSSIAN ROSCOSMOS SPACE AGENCY/THE ASSOCIATED PRESS



Incoming! Space probe is falling, but where?

A falling space probe is keeping Russia — and the world — guessing.

Russian space officials hope the Phobos-Ground probe will fall into the Indian Ocean between Saturday and Monday.

But they have no guarantee of the crash site — although a large part of

Canada, Scandinavia and most of Russia's ground territory appear to be spared.

Phobos-Ground had been carrying 12 tons of highly toxic fuel.

Experts have warned that if the fuel has frozen, it could survive re-entry through the atmosphere and pose a serious threat if it falls over populated areas.

But space officials insist all the fuel will burn on re-entry some 100 kilometres above ground and pose no danger.

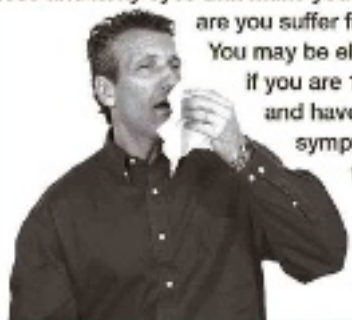
THE ASSOCIATED PRESS

Do you suffer from GRASS allergies?

Kanata Allergy Services, in conjunction with Kingston General Hospital, is looking for people to participate in a study about an investigational drug for grass allergies.

If you sneeze from May to mid-July and have a runny nose and itchy eyes that make you miserable, chances are you suffer from grass allergies. You may be eligible to participate if you are 18 to 65 years of age and have had grass allergy symptoms for at least two years.

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For more information, please call Jeanne at 613-599-5700 ext. 23 or email: kanataallergy@gmail.com

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Dutchman pleads guilty to murdering Peruvian woman

After Joran van der Sloot pleaded guilty Wednesday to the 2010 murder of a Peruvian woman he met at a Lima casino, his lawyer argued that the killing was tragically triggered by a fallout from the very event that originally brought his client notoriety.

The "persecution" suffered by Van der Sloot after the unsolved disappearance of U.S. teenager Natalee Holloway five years earlier scarred him psychologically with a kind of



► Joran van der Sloot

post-traumatic stress disorder, defence attorney Jose Jimenez told the three female judges who are to sentence his client Friday.

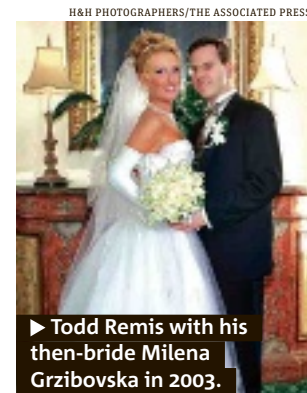
The young Dutchman has been the prime suspect in the Holloway case since she disappeared on Aruba five years to the day before the killing of the 21-year-old Peruvian woman, business student Stephany Flores.

With the evidence against him in the Peru killing strong, Van der Sloot entered a guilty plea Wednesday at his lawyer's urging, hoping for a reduced sentence.

THE ASSOCIATED PRESS

'Groomzilla' says pledge was broken

► Divorced man's case against photo studio became a punchline in legal blogosphere and New York tabloids



► Todd Remis with his then-bride Milena Grzibovska in 2003.

It may come across as an extreme case of nuptial nostalgia: A now-divorced man saying a photography studio should pay to recreate his wedding to make up for what he considers flawed pictures and video.

But after being branded a "groomzilla," Todd Remis said Tuesday his now-notorious lawsuit is about holding a business to a pledge, not holding onto a broken marriage.

"It was their failure to deliver after a promise and a handshake" agreement to retouch the photos, Remis said in a statement. "How could a business treat a customer this way?"

It was his first public response to a flurry of acidic commentary on the case in recent months.

While suits over wedding photographs aren't unusual, what set Remis' case apart is his mention of wanting to reconstitute the ceremony and celebration of a bygone union. He said during sworn questioning this summer that the two began divorce proceedings in 2008. The split was final

in 2010, and he said he believed his ex-wife had moved back to her native Latvia.

Nonetheless, "I need to have the wedding recreated exactly as it was so that the remaining 15 per cent of the wedding that was not shot can be shot" and the album and video completed "so we have memories of the wedding," he said during his July deposition, according to a transcript. "So we would need to recreate everything to complete that."

Remis sued H&H Photographers in 2009, saying the venerable suburban New York studio had done a shoddy job of shooting his and Milena Grzibovska's December 2003 wedding.

THE ASSOCIATED PRESS

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Big fight over teensy frog and weensy fish

A frog that can perch on the tip of your pinkie with room to spare has been claimed as the world's smallest vertebrate, out-tinying a fish that got the title in 2006.

However, a scientist who found another weensy fish disputes both claims.

An article Wednesday in the journal PLoS One named Paedophryne amauensis as the world's smallest animal with a spine. But a University of Washington scientist says a male anglerfish he found in 2006 is even smaller.

THE ASSOCIATED PRESS



► P. amauensis

Online. Movement



► This photo provided by Canturi Jewels shows a custom-designed Barbie wearing a necklace featuring a one-carat pink diamond.

CANTURI JEWELS/THE ASSOCIATED PRESS

Call for bald Barbie

There's an online movement to get Barbie to attempt what could be her biggest feat yet: Going bald to fight cancer. A Facebook page titled Beautiful and Bald Barbie! Let's see if we can get it made, was started a few days before Christmas. By Wednesday afternoon, the page had more than 15,000 fans. The goal is to get toy maker Mattel Inc. to create a bald Barbie in support of children with cancer.

H A I T I

TWO-YEAR REVIEW



Canadians have shown immense generosity: more than \$ 21 million was collected (cash and goods) from people and businesses.

To date, approximately 750 000 people have benefited from our humanitarian actions.

Overall, through our development projects, we work with almost 4 million people.

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CECI — WHAT HAS BEEN ACCOMPLISHED SINCE JANUARY 12, 2010

The CECI team in Haiti has been tirelessly dealing with the emergency situation since day one, supported in Canada by our employees and a team of volunteers.

Present in Haiti for nearly 40 years, CECI was not only able to meet their contractual commitments to institutional donors, but also provide a rapid and effective response to the disaster in a complete and integrated way.

From January to April 2010, the goal was to save lives:

- 7 hospitals located outside of Port-au-Prince were improved;
- more than 100 health volunteer professionals, a majority from the Haitian community in Canada were deployed in the field;
- More than 1.3 million dollars in medical

supplies and devices were distributed;

- 450,000 people have benefited from the 600 tons of food distributed;
- 576 tents, 2186 tarps, about 10,000 blankets were distributed for the construction of temporary shelters.

From May 2010, the goal was to rebuild:

- 15,000 temporary jobs were created to rebuild the agricultural infrastructure in 11 municipalities;
- 6,613 women who lost their livelihood received funds to start up their economic activities again;
- 362 permanent houses were built.

Other CECI projects available on our website:
www.ceci.ca

PROSPECTS FOR THE FUTURE

Voluntary co-operation servicing Haitian communities

In the days following the earthquake, CECI has captured the will and the skills of more than one hundred health care professionals who wanted to lend a hand to quake victims, mostly from the Haitian diaspora itself. Since April 2010, the Volunteer Cooperation Program in Haiti (*Programme de Coopération Volontaire Haiti-PCV*) has lead activities based on priorities as identified by the Haitian government. The program, implemented jointly with the World University Service (WUSC), the Canadian Executive Service Organizations (CESO) and the *Fondation Paul Gerin-Lajoie* (FPGJ), allow volunteers to carry out mandates ranging from one month to one year. Volunteers contribute to the recovery phase of the partner organizations and institutions improving services and programs offered by private and public Haitian partners, so they better meet the needs of communities in education, vocational training, economic development and governance.

Rebuilding services for justice and peace

The earthquake destroyed several police stations and courts. In order to strengthen peace and security in Haiti, CECI has just begun a major project to develop and increase the effectiveness of the police and judiciary systems. This project involves the reconstruction of four police stations

and five courts for those working in justice and security to provide professional and adequate services to the public. About 350 people, including 75 judges and 125 policemen will be trained in prevention, mediation and conflict management, violence against women and how to respond appropriately to emergency situations. This is a proposed \$5.4 million project, which was supported by the Ministry of Foreign Affairs of Canada (FAITC) and is being carried out in collaboration with the FONEDE organization, Lawyers Without Borders and UN-Women.

The fight against cholera affecting the most vulnerable.

CECI was among the first organizations to respond to the cholera epidemic that broke out October, 2010. Sixteen public health and prevention awareness teams were created. 23,590 people were helped in the Antimonte outbreak area. In addition, CECI also invested in sustainable water and sanitation facilities. We helped train nearly 2,500 developers and hygiene professionals and over 3,000 community leaders. CECI has invested \$2.6 million in the fight against cholera. In line with government policy, we continue our operations for access to clean drinking water and sanitation facilities that meet international standards, focusing primarily on schools serving disadvantaged children and families in rural areas, in the Antimonte and the North-East.



WUSC-EUMC



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HELPING HAITI

Canada to resettle 5,000 families

Canada says it will resettle 5,000 families displaced by the earthquake that struck Haiti two years ago.

The federal government is also planning to restore the Champ de Mars, a major public park in the Haitian capital of Port-au-Prince.

International Co-operation Minister Bev Oda said in a statement on Wednesday the 5,000 families represent about 20,000 people.

The \$19.9-million commitment comes from a previously announced investment.

Oda told The Canadian Press in a recent interview that Ottawa is disappointed over the plodding reconstruction two years after the powerful earthquake slammed the fragile island nation.

THE CANADIAN PRESS

Genocide accused stays despite deportation order

PAUL CHIASSON/THE CANADIAN PRESS



► Leon Mugesera is accused of inciting the Rwandan genocide.

► UN to investigate claims that he will be tortured in Rwanda

After nearly two decades in Canada, a man accused of helping to incite the Rwandan genocide may have been granted one more reprieve that would delay deportation back to his homeland.

Leon Mugesera had been ordered to be deported early Wednesday when a Federal Court ruled against his last-ditch effort to stay in Canada, his home for the last 19 years.

But a pair of other developments, later in the day, complicated matters.

Mugesera's lawyer announced the United Nations Committee Against Torture has ordered Canada to keep him here while it investigates his claims he'd be tortured in Rwanda.

"Our fair legal system has determined that he is here illegally, he's guilty of serious war crimes, and that he has to face justice in his country of origin."

JASON KENNEY, IMMIGRATION MINISTER

Meanwhile, Mugesera was brought to hospital to be treated for an unspecified health issue. Television images showed him being carried out of his Quebec City home, laid out on a stretcher. His lawyer, Johanne Doyon, said the man fell ill amid news about his case. THE CANADIAN PRESS

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LARS HAGBERG/THE CANADIAN PRESS



► Tooba Yahya

Shafia mom suggests son witnessed deaths

A woman accused of killing her three daughters and her husband's other wife over family honour indicated Wednesday she believes her eldest son witnessed the four plunging to their certain deaths, but didn't call police.

For this, Tooba Yahya said, she is "upset" with her son.

Yahya, 42, her husband Mohammad Shafia, 58, and their son Hamed, 21, are on trial in this eastern Ontario city, charged with murder in the deaths of

Hamed's three sisters and Shafia's first wife in a polygamous marriage. The Crown alleges the June 30, 2009, deaths were so-called honour killings, and that the family staged it to look like an accident.

THE CANADIAN PRESS

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CENTRAL

Prairie cities lead the economic pack: Board

► Saskatoon, Calgary, Edmonton top 2012 economic forecast ► Ottawa-Gatineau's growth projected at 1.8%

Cities in Western Canada will lead in growth and prosperity over the next couple of years, according to an outlook released Wednesday by the Conference Board of Canada.

Western cities are benefitting from resource riches and attracting migrants, boding well for housing and consumer spending. Edmonton created almost 40,000 new jobs last year alone, the think-tank says.

"In spite of global economic turmoil, high prices for agricultural products, minerals and oil are likely to continue," said Mario Lefebvre, director of municipal studies for the board. "Canada's Prairie cities will reap the benefits of this global demand for com-

modities."

Central Canadian cities won't do nearly as well with manufacturing continuing to struggle amid the global slowdown, and government cutbacks weighing on growth domestically.

The board says the government's austerity measures for the civil service will result in a loss of 9,000 jobs over two years, restraining Ottawa-Gatineau's growth to 1.8 per cent in 2012.

The top 10 cities for 2012 are Saskatoon at four per cent; Calgary at 3.6 per cent; Edmonton at 3.4 per cent; Regina at 2.9 per cent; Oshawa at 2.7 per cent; Toronto, Trois-Rivières, Vancouver at 2.6 per cent; and Kitchener-Cambridge-Waterloo, Windsor at 2.5

Market moment

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Dollar



- 0.22¢
(98.11¢ US)

Oil



- 1.37¢ US
(\$100.87 US)

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(- 17¢ US)

Gold

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(+ \$8.10 US)

per cent. At the bottom is St. John's as Newfoundland and Labrador's waning offshore oil production ripples through the economy.

THE CANADIAN PRESS



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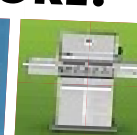


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THINKING OF PENNING A NOVEL? READ THIS FIRST

HE SAYS ...

JOHN MAZEROLLE
METRO



my Starbucks?"

With compliments like that, it's amazing my headshot doesn't swell right out of the frame.

But years of headshot viewers acknowledging my existence have left me wanting more, and now I dream of getting a book published, so I can hear compliments like, "I saw your picture on a dust cover."

Over the years, I've grown accustomed to adoring fans complimenting my writing.

"I saw your picture in the paper," they'll say. Or: "You look familiar, do you work at

"The best approach is to write characters based on people you hate — for example, you might have a villain called Jerky MacBadhusband."

I've also read a lot about how to write a book. So that I might create more competition and therefore torture myself further, here's what I've learned.

WRITING A BOOK

Choose an idea: Most coffee-shop patrons, first-year university students and other leading philosophers agree there are no new ideas. So it's OK to steal one. Ripping off one author is called a "homage." Ripping off multiple authors and mashing them together is called "finding your own voice."

Choose characters: The best approach is to write characters based on people you hate — for example, you might have a villain called Jerky MacBadhusband. To protect yourself from legal issues, make sure the character wears a hat they don't wear in real life. Then say, "The character is actually a pastiche of many people I've met in my travels."

Choose a plot: Start with a first line that grabs readers, such as, "This book is covered in anthrax spores, sucker!" If stuck for an ending, walk away for a bit. Then quit and call it "first in a series." You'll get great buzz.

Choose an agent: This person will give you added legitimacy as a writer by making you poorer.

Choose a cover: This is the step by which everyone will judge your book. I recommend you seek out glowing quotations from friends who share names with famous people. If your dentist is Milan Kundera or the kid who mows your lawn is V.S. Naipaul, you're good to go.

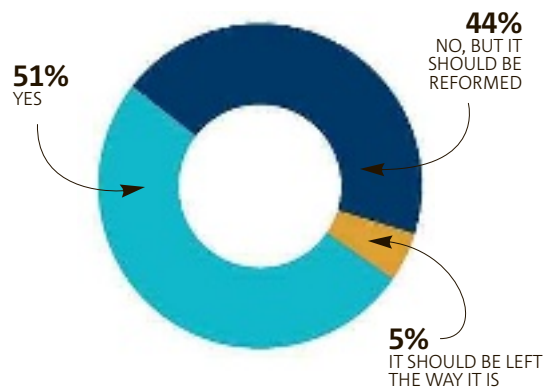
With these tips, you'll have a completed tome in no time. If it goes well, let me know. I may pay homage to it.

Read more of John Mazerolle's columns at metronews.ca/hesays



Register at
metropolitanpanel.ca
and take the quick poll

Should the federal government abolish the Senate?



Daily Zoom



Will and Kate reveal royal gifts

The Duke and Duchess of Cambridge laugh as they receive Team Canada hockey jerseys in Yellowknife on July 5.

Clarence House, the official website for the Prince of Wales, his sons and Kate, has released the list of all the gifts the royal couple collected in their cross-Canada tour with one- or two-word descriptions. Among them

are a diamond-encrusted brooch and cufflinks.

This has incensed the British tabloids, who smell a cover-up in the website's describing the widely reported custom-made platinum baubles encrusted with nearly 700 tiny diamonds from Canadian mines as, simply, a "brooch" and "cufflinks."

TORSTAR NEWS SERVICE

Local tweets



► [@k_c_orji](#): Is it only in ottawa that inside the bus stop is colder than outside

► [@SallyStuikie](#): ARGH! How hard can it be to get a doctor in #Ottawa!?!

► [@igm95](#): Arr #Ottawa finally for #LPC conventn. Same plane as 2 cabinet Mins who are v late for big budget powwow: TMenziez & TClement #CPC #cdnpoli

► [@TonyClementCPC](#): A very busy day in Ottawa today.

Great to see some Colleagues again, including the newly married Peter MacKay!

► [@Johnpalaganas](#): Ottawa movie theatres! I want to see some 4K projectors! I would gladly buy your \$12 small popcorn + \$3 with butter.

► [@paigeelliott](#): omg #ottawa, you coooooold! #Brrrr #SummerComeFast

► [@__Danno](#): How often have they predicted a really bad storm and not much happens. Hoping they get it wrong again #Ottawa

NATHAN DENETTE/THE CANADIAN PRESS

CONTRIBUTED



Rock solid

Celebrity jeweller Harry Winston crafted this 692-diamond set of polar bear cufflinks and brooch from diamonds from the Diavik Diamond Mine in the Northwest Territories, owned 40 per cent by the Harry Winston Diamond

Corp. They were given to the royal couple during their Canadian visit.

Harry Winston donated the diamonds and the workmanship, said a spokeswoman for the Northwest Territories government.

TORSTAR NEWS SERVICE



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The Big 3 wireless CEO's made a lot of money in 2010... and by a lot we mean a combined \$22,788,361

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2

scene

Shatner



William Shatner will star in a one-man show called *Shatner's World: We Just Live in It*. Previews begin Feb. 14 and it runs at the Music Box Theatre until March 4.

THE ASSOCIATED PRESS



Stage and screen legends Peterson, Plummer up for ACTRA acting prizes



► Bear Witness, left, DJ Shub and DJ NDN make up local DJ collective A Tribe Called Red.

Music into a movement

► A Tribe Called Red using its growing fan base to create social change in the community

BACKSTAGE PASS

JEN TRAPLIN
METRO OTTAWA



Ottawa DJ collective A Tribe Called Red is using music to become role models for not just the Aboriginal community, but for society in general.

In 2008, Ian Campeau, a.k.a. DJ NDN and Ehren Bear Witness Thomas created a monthly club night,

the Electric Pow Wow, to showcase the city's Aboriginal DJs.

"It's a way that we can express our identity as urban Aboriginal people," explains Bear. "It's more than just a club night, it's a gathering."

Two years later, two-time DMC Canada champion Dan General, a.k.a. DJ Shub, joined the crew and the Electric Pow Wow has never been stronger.

With a growing and loyal fan base, the crew now hopes to use its popularity to inspire change and "educate people on the truth

Details

Electric Pow Wow featuring A Tribe Called Red

- **When:** Saturday at 11 p.m.
- **Where:** Babylon Nightclub (317 Bank St.)
- **Price:** TBD

about Aboriginal issues," says Campeau.

And, it figures, the best way to do that is by setting a good example themselves.

Campeau is the creator of a groundswell move-

ment demanding the Nepean Redskins, a local youth football team, change its name, calling it "a form of systematic, socially acceptable racism."

Bear Witness is a celebrated video artist who travelled to Australia as part of the inaugural Urban Indigenous Residency Exchange program through the Canada Council for the Arts.

DJ Shub, meanwhile, is the only Aboriginal DJ to appear in the DMC World Finals.

Recently, A Tribe Called Red was also invited to

take part in a major youth conference in Wikwemikong, Ont., where Aboriginal musicians, dancers, poets, photographers and more were on display; an experience Campeau calls "incredible."

At the end of the day, the trio is really just hoping their actions get people talking.

"I want to help create a space where positive and contrastive dialog can happen," says Bear. "I feel that A Tribe Called Red and Electric Pow Wow are part of that process."

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Is Khloe really a Kardashian?

► Report claims that Kardashian patriarch had doubts she was his daughter

THE WORD

DOROTHY ROBINSON
SCENE@METRONEWS.CA



When one gazes at the Kardashian sisters (as we often do, since they are more omnipresent than Starbucks), do you ever think, "Hmmm ... Which of these things is not like the other?"

If you, too, think Khloe Kardashian doesn't resemble her famous sisters, you aren't the only one — Kris

Jenner has had to squelch rumours of her paternity for years. But now Robert Kardashian's ex-wife and widow have come forward in a Star magazine exclusive in which they both claim that the late Kardashian expressed his doubts that he was indeed the father of Khloe.

"Khloe is not his kid — he told me that after we got married," Jan Ashley, 63, the woman who married Robert after Kris Jenner, revealed to Star.

"He just kind of looked at me and said (it) like it was a matter of fact. He said, 'Well, you know that



► Khloe Kardashian

Khloe's not really a Kardashian, don't you?" And I said ... 'OK,' and that was it."

But that's not all. Ellen

Kardashian, 63, who married Robert in 2003 just two months before his death, says she has her doubts as well.

"Khloe brought it up all the time," Ellen told Star. "She looked nothing like the rest. She was tall, had a different shape, light hair, curly hair. Didn't look anything like the other three children."

Whatever you do, Khloe, never, ever take a DNA test. For now, you get the best of both worlds: A cut of the Kardashian empire without having to be biologically related to them.

Celebrity tweets



today spent w/ brilliant cosmetic dentist Dr Kevin Sands! the grill now perfect for Fiat, DirectTV & Anger Managment!



@charliesheen

@JessicaSimpson

New goal: look like @jessicaalba after baby. Job well done lady!



@rihanna



Waited all yr+Finally I have time off, time 4 rest n quiet. Suddenly all the silence is being drowned by my thoughts! No sleep

@SteveMartinToGo



The more I think about it, „Lo and behold% would be great in rap vernacular. Going to make some calls.

Halle Berry is off the market

Halle Berry and Olivier Martinez are reportedly engaged, according to Us Weekly.

Berry, who has been married twice before, "had given up on being married, but she trusts Olivier," a source says. "He makes her feel safe. He's a keeper."

Martinez reportedly popped the question over the holidays with an emerald-and-diamond en-

agement ring. The pair met in 2010 as co-stars on the film Dark Tide and started dating soon after. Berry was previously married to baseball player David Justice and singer Eric Benet, and she has a three-year-old daughter, Nahla, with ex-boyfriend Gabriel Aubry.

● METRO



Halle Berry



► Lindsay Lohan

Bad week gets worse for Lindsay Lohan

Lindsay Lohan isn't having a great week.

First off, the IRS has reportedly obtained a lien against Lohan for \$93,701.57 for failure to pay her federal income tax for 2009, according to TMZ.

And now the troubled actress is being sued by a paparazzo who claims he was injured while being struck by Lohan's car while she

was leaving a club in 2010, according to Hollyscoop.

Lohan wasn't driving the car, but Balyan's lawyer, Neil Steiner, claims she's still at fault because the driver was operating under her instruction.

Steiner says they tried to settle with Lohan's insurance company, which made "an insignificant offer."

● METRO

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A fierce start to the new year

► Wildlife-inspired prints have become a second skin to trend trackers who can't get enough of their zebra minis and leopard coats ► We've picked out our favourite ferocious accessories to complement the most somber of outfits

KARL-EDWIN GUERRE



► Fashion blogger Leandra Medine wearing just the right amount of leopard in New York.



1 HOUSE OF HARLOW

1960 cross body clutch
\$225, hoh1960.com

2 WINTER KATE

calf-hair shoes, \$188,
my-wardrobe.com

3 CHRISTIAN LOUBOUTIN

'Alex' lion-paw pumps
\$4,000, christianlouboutin.fr

4 MULBERRY

fox gloves
\$180, mulberry.com

5 UNDERGROUND

suede double creepers, \$170,
asos.com

6 EMMA FRANKLIN

gold 'Triceratops' ring, \$695,
emmafranklin.net

7 YUNUS AND ELIZA

'claw drop' necklace, \$770,
yunus-eliza.co.uk



Mega
splurge



ROMINA
McGUINNESS

3

life

Beauty picks

Winter skin savers

If you haven't done so yet, now would be the time to ramp up your winter moisturizers.

► KENYA HUNT



HANDS

Malin + Goetz Vitamin B5 Hand Treatment, \$20, malinandgoetz.com

The Body Shop Almond Hand and Nail Cream, \$10, thebodyshop.com

BODY

Biotherm Baume Corps Oil Therapy, \$38, biotherm.com



Clothing maker Liz Claiborne changing name to Fifth & Pacific after sale of brand

Weather a dry spell

THE KIT

Kit expert Charles Baker Strahan has the goods on ditching dry hair — all winter long.

By Chantel Simmons

Q: How do I hydrate my hair in the winter without weighing it down?

A: The first step to great elasticity and shine is hydration, and that starts right from the shampooing step. Look for shampoos and conditioners that con-

tain both surfactants and polymers — when the water brings them together, they're twice as hydrating as used alone. These ingredients condition the hair before you even step out of the shower. When it comes to styling products, apply

them when your hair is wet and squeeze the moisture through to evenly distribute the product. I like to mix Herbal Essences Tousle Me Softly Mousse and Long Term Relationship Leave-In Split End



Protector. Together, they help you control your hair while styling, and cut down drying time.

TRY Herbal Essences Touchably Smooth Shampoo, \$4, Tousle Me Softly Mousse, \$4, and Long Term Relationship Leave-In Split-End Protector, \$4, herbalessences.com

FOR BEAUTY NEWS YOU CAN USE, VISIT THEKIT.CA.

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KARL LOHNES
HOME@
METRONEWS.CA

Upcycling goes upscale

● Leave your furnishing updates to the pros this year

Most savvy home dwellers like to take on DIY projects. But spending an entire

weekend working on a project that doesn't turn out can be frustrating —

and a waste of time and money.

This year, invest in your

furnishings by spending money on a professional to do the job right for you.

Re-framing

Nothing helps bring tired artwork up-to-date more than reframing.

▶ **Replacing** a cheap plastic gold frame with a flat, dark wood frame will modernize any piece of art and bring it into the next decade.

▶ **Tip:** You rarely take away the value of your art by reframing it. Also, by adding a more modern esthetic to your art, you gain a new appreciation for it.

▶ **Cost** of having a 24 x 24-inch painting framed: \$75-400, depending on the style of the frame.

REUPHOLSTERING:

Got a classic-shaped upholstered piece that needs to take on a fresh look?

Trying to slipcover or reupholster it yourself is a daunting task — even for those who have sewing skills. So why not take it to an upholsterer?

Choose neutral-coloured linen or flannel fabrics to help give your furnishings a classic look and longevity.

If buying retro furnishings, do some research as to how the fabric (or leather) will wear. Go for lovely colours that are updated to today's neutrals.

Cost to have a chair reupholstered; \$350-1000, depending on your fabric choice.

REFINISHING:

Changing the stain colour of wooden furniture can help update it and give it a new look.

Stain colours have a fashionable life (reddish mahogany was big in the '80s; yellow pine in the '70s).

Choose dark walnut

stain colours to add sophistication to a golden oak or pecan-stained wood pieces.

Take it to a furniture refinisher (or look for budget options like refinishing schools) to get the look right.

Ask for a 'buffed wax' finish rather than the super-shiny shellac to make it look much classier.

Cost of having a dresser refinished: \$200-750, depending on the type of finish you'd like.

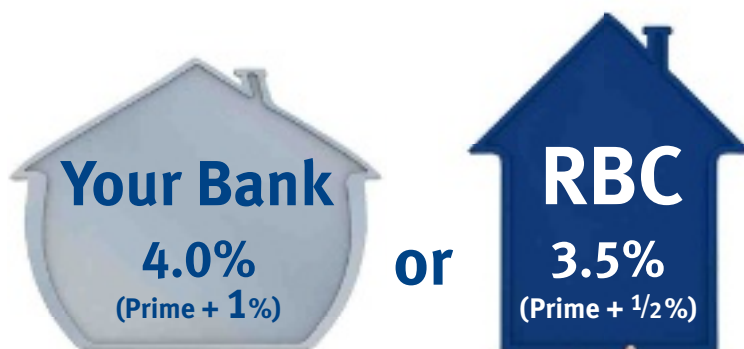
RALPH LAUREN HOME

▶ Create a timeless look in your home with updated furnishings and art.



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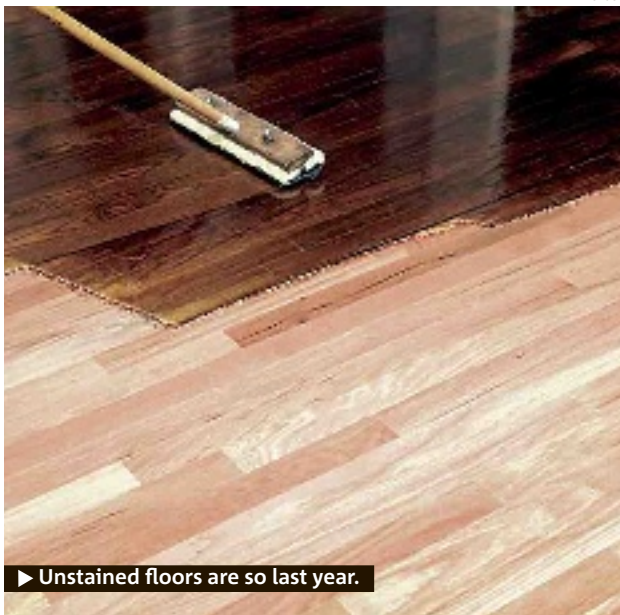
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Your new wood resolution

▶ Wooden floors never go out of style, but they take a lot of abuse on a daily basis ▶ Give your floor a little TLC so it has a nice, glossy finish



▶ Unstained floors are so last year.

DIY IDEAS

With a new year beginning, you may be thinking about all of those home renovations on your “honey-do list” that you missed last year.

Kind of like that hardwood floor you’ve been meaning to stain. Why not add it to your New Year’s resolutions?

In every episode of Sweat Equity, host Amy Matthews helps homeowners determine which home improvement projects will return the most bang for their buck.

Here, she explains how

to stain a wood floor in five easy steps.

Tune in to Sweat Equity airing weekdays at 7 p.m. ET/4 p.m. PT on DIY Network Canada.

Step 1: Prepare the floor

Start by removing everything from the area to be stained.

Sweep the floor, then vacuum to ensure that you have removed all dust particles and debris.

Next you will want to mop the floor and wait for it to dry. Once dry, sand the floor completely.

You will want to run the vacuum over it once more, to ensure that all sawdust is removed.

Step 2: Test the stain

In an inconspicuous area, test the stain to ensure it is the colour you are looking for, before applying it to the entire floor.

It’s usually best to do it in the furthest corner, away from most onlookers.

Step 3: Apply the stain

Apply the stain with a rag or an applicator made specifically for staining.

Stroke the stain in the direction of the wood grain, not in circular motions.

Work slowly to make sure that you cover every square inch and do not miss a spot.

Be sure to rub the stain in to the floor so that it

soaks in, and then wipe away any excess on top.

Step 4: Apply a protective coating

Your stain is now looking beautiful! To guarantee that it stays that way, apply a protective coating of polyurethane over the finished stain and allow it to dry.

Not only will this protect your newly stained floor, but it will give it a perfect glossy finish.

Make sure the floor is completely dry before returning any furniture or rugs back to the space.

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MACPHERSON.COM

Dear Charles the butler,
You often mention to use
front-loading washing machine for certain laundry
items such as woollens and

advise against top loading due to possible damage from the agitator. I assume that top loading HE machines would also be safe since they do not have an agitator?
Thanks, Marc

Hello Marc!

I think your assumption is a good one however I have never personally used the top loader HE so I have no personal experience.

My advice would be proceed with caution, and experiment with items that should they be damaged

you won’t be devastated.

I promise to try and get some information on this, but so far I’m not having much luck. If any readers have any experiences with this I would love to hear from you! More to follow Marc, as soon as I can.

Also, I have received many emails from readers correcting me on a small error I made.

In a recent article about stain removal I erred when I said that club soda contains sugar. You are all correct that club soda does not

contain sugar, however tonic water does contain sugar. This was my confusion and I am sorry for my mistake.

Finally I wanted to thank my readers for writing in to tell me this.

I love getting all of your emails as it makes me feel like we are having a dialogue between us, which is most enjoyable.

Thank you all for being so gracious in how you pointed out my error.

HAVE A QUESTION? SEND AN EMAIL TO ASKCHARLESTHEBUTLER@METRONEWS.CA



▶ Beware the washing machine’s agitator when it comes to delicates.

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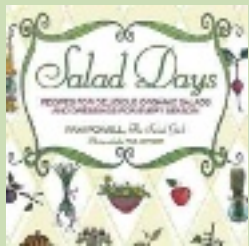
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10/14

Artist's Rendering

Weekly
Cookbook

Salad Days: Recipes for Delicious Organic Salads and Dressings for Every Season by Pam Powell offers 60 colour photos, quaint illustrations, a salad basics chapter, and a resource guide to complement a fantastic collection of salad and dressing recipes.

Recipes include: Apple and Roasted Beet Salad with Fruit, Nuts, Gorgonzola, and Watercress; Pecan-Crusted Goat Cheese and Micro Greens with Crisp Apple Maple-Brushed Crostini; and more.

A look ahead to salad days

► While hearty stews and thick soups simmer on the stove, we're anticipating the refreshing salads of spring ► Get yourself in the mood with this Toasted Quinoa & Asparagus Salad

While often seen as a morning food, grapefruits are finding new life away from the breakfast table. With some creativity, this healthy fruit can add zest to lunches and dinners. Try adding sliced Florida grapefruit to a salad or stir-fry.

Another way to include fruit into your afternoon and evening recipes is to use Florida orange juice, which finds new life in tangy salad dressing or in marinades for chicken or fish. Florida orange juice can also be used in tandem with other nutrition-rich foods to create the ultimate healthy meal.

Quinoa, a gluten-free grain that is high in magnesium, is landing on healthiest food lists everywhere. This quinoa and asparagus



Toasted Quinoa and Asparagus Salad

► The recipe serves six.

salad can be topped with meat or additional veggies.

Toasted Quinoa and Asparagus Salad Preparation:

1 In nonstick skillet heat oil over medium heat

and cook onions and garlic 3 mins. or until softened and fragrant. Add quinoa and toast, stirring for 3 mins. or until fragrant and beginning to pop. Add orange juice and bring to boil. Cover and reduce heat

to low; simmer 15 mins.

2 Stir in asparagus and pepper; cover and cook 10 mins or until liquid is absorbed. Remove from heat; let stand 5 mins. Using fork, fluff quinoa and place in large bowl.

Ingredients:

- 2 tbsp (25 mL) olive oil
- 4 green onions, chopped
- 3 cloves garlic, minced
- 1 cup (250 mL) quinoa, rinsed
- 2 cups (500 mL) Florida orange juice
- 1 cup (250 mL) chopped fresh asparagus
- 1 small orange bell pepper, chopped
- 1/4 cup (50 mL) fresh basil
- Salt and black pepper

Let cool slightly and stir in basil. Season to taste with salt and pepper.

NEWS CANADA/ ADAPTED BY EMILY RICHARDS (PROFESSIONAL HOME ECONOMIST, COOKBOOK AUTHOR AND A TV CELEBRITY CHEF. EMILYRICHARDSCOOKS.CA).

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SPECIAL INFORMATION FEATURE

Hawaiian Punch

► Innovative craft beer has found its way to Ottawa



JEFF
O'REILLY
FOR METRO

Last August, when I attended the Toronto Festival of Beer in search of new and interesting brews, I was asking about what I absolutely had to try and I was met with the same answer.

Nearly everyone I spoke to pointed me in the direction of the Spearhead Brewing Company booth to try its new beer, a hoppy Hawaiian-inspired West Coast IPA infused with pineapple juice. I really wasn't sure what to expect, but I was definitely intrigued and decided to take a closer look.

At the time, this tiny company was barely a few

months old and was just starting to make waves in the Toronto area, but before even tasting the beer you could tell they were onto something good as there was a definite buzz about the beer.

Fast forward to the present and after seven months of non-stop marketing and networking — often as unconventional as their approach to beer — they can now be found in more than 80 establishments, with six taps in the Ottawa area, including some very forward thinking and food friendly spots like The Black Tomato, Must Wine Bar, The Wellington Gastropub, and Le Café at The National Arts Centre.

In fact, the Spearhead

Brewing Company was recently named the official beer sponsor of The NAC's "Celebrity Chefs of Canada" event in March, and I'm dying to see what kind of culinary masterpieces the nation's top chefs will pair with this ballsy craft beer.

If you have made some "New Beers Resolutions" for 2012, this is definitely a great place to start, so say "aloha" to my little friend.

Spearhead Hawaiian Style Pale Ale (6.5 per cent alcohol by volume, 70 International Bitterness Units) pours a striking bright orange with amber hues and soft white head into an attractive tulip-shaped glass designed for the nose to embrace the bold aromas of citrusy



► Mariève says aloha to Spearhead Hawaiian Style Pale Ale at The Black Tomato.

hops that dominate.

Powerful and sharp hop forward tastes of tangy grapefruit, resin and citrus are followed by hints of caramel malts and the subtle sweet refreshment of

fresh pineapple juice that complements nicely while standing in the shadows of decadent pure hop enjoyment here.

The mouth feel is smooth due to the unfil-

tered natural carbonation and has a slightly bitter lingering finish. This beer demands your attention so get out and grab one — your taste buds will say "mahalo" (thank you).

Play 'surprise the chef' at Atelier Black Box event



SAMANTHA
EVERTS
FOR METRO

Twinkies, lamb necks and cornflakes as culinary couture? Anything can happen this coming Monday at Atelier restaurant's Black Box dinner where it's the customers that get

to surprise the chefs.

After winning the Gold Plates challenge in November, the Atelier team, led by chef Marc Lepine, will be headed to Kelowna, B.C., in February to represent the restaurant to compete for the title of Canadian Culinary Champion. Lepine

credits his amazing team for the Plates win, which it also won in 2008.

If you are unfamiliar with the challenge, this is how it goes down: Chefs will have 10 minutes to come up with a menu using all those ingredients in an almost lottery style and

then create an astounding 22 dishes in only 50 minutes for a panel of judges. Tickets to the four-course meal are \$100 and guests will be seated at eight tables of two or four.

"What better way to prepare than to subject ourselves to a live Black Box

dinner at the restaurant, where our guests bring us the secret ingredients?" says Lepine.

Cocktails and planned hor d'oeuvres will also be served. Considering the incredibly delectable foods we have had at Atelier before, we are confident that

the dish, whatever it may be, will be a success and have you rethinking that can of corned beef at the back of your cupboard next time you are low.

To make reservations for this event call 613-321-3537. For more, see atelier-restaurant.ca.

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Putting the pizzazz in pizza at ZaZaZa

ZaZaZa Pizza, a.k.a. pizza with pizzazz is just that. All are served on whole wheat and honey, or cornmeal crisp and delicious thin crust. Something that sets ZaZaZa's pizza apart from the crowd includes the fresh-tasting house-made tomato sauce, made

daily, though the other bases include pesto and creamy alfredo.

The small Beechwood restaurant has the feel of a neighbourhood hangout and can sit maybe 20 diners. The open kitchen makes it fun to watch the friendly chefs create

strokes of culinary genius and service is excellent.

Told that all pizzas were one size, we decided to skip the appetizers and go for the famed entrees. The "Chat and Chill Slaw" served alongside was uniquely tangy with heavy lime and pepper spiked

coleslaw. While you might chuckle at the "Scary Roommate" pizza, once you taste it, the Kraft Dinner and hotdogs could be a winning combo to anyone older than four.

Vegetarians used to getting the same, sad veggie pizza should rush to ZaZa-

Za immediately. Its inspiring California Caprese, which uses basil pesto instead of tomato sauce, with bocconcini, tomatoes, basil, cool avocados and balsamic is a refreshing twist.

The Cat Stevens pizza had us excited to have a

late night snack after filling up on the grilled eggplant, mozzarella, garlic, fresh snow peas and hummus topped delicacy.

ZaZaZa Pizza is located at 143 Putman Ave. For more about the restaurant, see zazazapizza.com.

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► Premium Goat Milk Cheddar from Back Forty Artisan Cheese Co. and Black River Cheese Company.

Collaboration breeds tasty treat

This week's pick is a cheesy collaboration between two famed Ontario producers in Prince Edward County.

Premium Goat Milk Cheddar is the perfect marriage of fresh 100 per cent pure county goat milk courtesy of Fifth Town Artisan Cheese Co., and the more than 100 years of cheddar making know-how contributed by Black River Cheese Company, the region's longest surviving factory.

An interesting contrast to cow milk cheddar, it has won multiple awards since

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the first batch in early 2009, for the mild, one-year, and flavoured varieties at the American Cheese Society Competition and Royal Winter Fair, among others.

When young, enjoy fresh milk and a hint of

fruit, characteristic of traditional cheddar. The surprise comes with age — an unexpected burst of tangy zing, milky, sharp, complex, concentrated fruit sweetness, and a hint of caramel, coupled with the tiny crunch of tyrosine crystals (an indication of quality and age in cheese).

Consider yourself lucky to find the smoked variety (a breakfast cheese fave as I love the bacon-like flavour from the local applewood chips used in smoking).

● VANESSA SIMMONS

FOR MORE, SEE SAVVYCOMPANY.CA

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Summing up the surprise

THE HOCKEY NEWS

MURRAY PAM

OTTAWA@METRONEWS.CA



Contrary to what you may have read all over the Internet, the Senators indeed play in

Ottawa, not a town called "Surprise."

Still, you've got to admit, these Surprise Senators are awful fun and eye-opening to watch. In the spirit of that joviality, we're handing out our half-time awards for outstanding achievement to this point in the season. And your winners are ...

The Alexandre Daigle Award (best rookie): Jared Cowen. The 6-foot-5, 230 pound behemoth will soon turn 21, but don't tell him that. Cowen plays with the poise of a veteran. When fellow defencemen Sergei Gonchar and Filip Kubo were out of the lineup with injuries, Cowen excelled, averaging more than 25 minutes of ice time. He has also chipped in with 12 points.

The Norm Maciver Award (best defenceman): Erik Karlsson. The 21 year-old Swede is busting out.

He leads all NHL blue-liners with 35 assists and 41 points and should easily surpass Maciver's club record of 63 points. Karlsson will be a restricted free agent at season's end.

OK, we couldn't be all



► Relying on a mixture of resurgent veterans, emerging youngsters and a cagey new head coach, the Sens are a surprise playoff contender at the season's halfway point.

joviality.

The Bob Kudelski Award (best forward): Jason Spezza. The "Spezz Dispenser" is back, producing at a point-a-game clip. The Mississauga native who was once accused by former coach Jacques Martin of "playing like a boy in a league of men" has become a leader on and off the ice.

The Randy Cunneyworth Award (hardest

worker): Zack Smith. In only his second full-time season, the third-line centre leads all penalty-killing forwards in total ice time. And he's added a scoring touch. Smith has quadrupled his output from last season by notching 12 markers in 44 games.

The Magnus Arvedson Award (best comeback): Who else, Daniel Alfredsson.

'Alfie' was shut down after playing only 54 games last season. Fresh off back surgery, the 400 goal-scorer has already eclipsed his 2010-11 total of 31 points in just 37 games. A spry 39-year-old, Alfredsson will no doubt be one of the captains at the Jan. 29 All-Star Game.

Sylvain Turgeon Award (MVP): Paul MacLean. OK, he's not technically a play-

er, but the ex-Jet has quickly given this team an identity.

Through conditioning and hard work, MacLean has elevated a club of cellar-dwellers to playoff contender status. The Senators are money in the third period of games, winning six times when trailing after two periods and are 7-1-4 when tied after 40 minutes.

Comatose skier Burke undergoes surgery

Canadian freestyle skier Sarah Burke remained in an induced coma after suffering a head injury in a crash while training on a superpipe, officials said Wednesday.

The nature of Burke's injuries have not been disclosed.

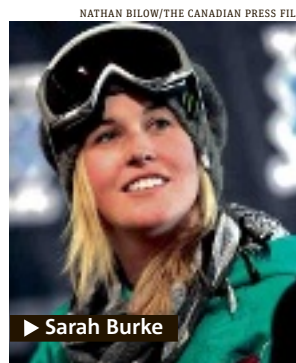
In a statement released by the Canadian Freestyle Ski Association, a doctor at the University of Utah hospital said Burke "sustained serious injuries and remains intubated and sedat-

ed in critical condition."

Chris Nelson, assistant vice-president for public affairs at the hospital, said Burke was having surgery Wednesday afternoon.

Dr. Robert Foxford, the Canadian Freestyle Ski Association team doctor, said he has received little information from the medical officials treating Burke.

"That would be standard with people with a significant head injury, that the brain is put to rest, there is an induced coma, and they



► Sarah Burke

give them medication to make sure there's almost no brain activity," he said in

"Sarah is a very strong young woman and she will most certainly fight to recover."

SARAH BURKE'S HUSBAND RORY BUSHFIELD IN A STATEMENT

a conference call.

Burke's husband, Rory Bushfield, and members of her family were with her.

Burke is a halfpipe pioneer who also lobbied tirelessly to get her sport included in the Winter Olympics. Halfpipe skiing will debut at the 2014 Games in Sochi, Russia.

She was airlifted from

Park City, Utah, to Salt Lake City after crashing at the end of a training run Tuesday in advance of the Winter X Games in Aspen, Colo.

The native of Barrie, Ont., who grew up in nearby Midland before moving to Squamish, B.C., was training with a private group at the time of the accident. **THE CANADIAN PRESS**

4

sports

Senators preview

Ottawa at N.Y. Rangers
7 p.m.
TV: SNET



The Senators (23-15-6) travel to New York, where the Rangers (27-9-4) are on a five-game winning streak. New York has won nine of its last 10 and has a 13-3-2 home record. Henrik Lundqvist has won his last seven starts, allowing two goals or less in each game. Marian Gaborik has one goal in his last six games after scoring seven as part of a five-game streak. Gaborik leads the Rangers with 23 goals. Ryan Callahan has eight points in his last eight games.

THE CANADIAN PRESS



Scan code for more sports.

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	GP	W	L	OTL	SL	GF	GA	Pts	Home	Away	Last 10	Strk
d-NY Rangers	40	27	9	1	3	118	83	58	13-3-0-2	14-6-1-1	9-1-0-0	W5
d-Boston	39	27	11	0	1	146	76	55	15-7-0-1	12-4-0-0	8-2-0-0	W1
d-Florida	42	21	13	4	4	109	116	50	11-4-1-4	10-9-3-0	4-4-2-0	W1
Philadelphia	41	25	12	2	2	139	122	54	10-6-1-1	15-6-1-1	5-4-0-1	W1
Ottawa	44	23	15	4	2	140	144	52	14-8-0-1	9-7-4-1	7-2-1-0	W2
Toronto	42	22	15	3	2	135	131	49	12-5-2-2	10-10-1-0	6-2-2-0	W4
New Jersey	42	23	17	1	1	117	123	48	11-7-0-1	12-10-1-0	5-4-1-0	L1
Pittsburgh	41	21	16	2	2	124	111	46	11-8-2-0	10-8-0-2	4-6-0-0	L5
Winnipeg	42	20	17	3	2	112	124	45	14-6-0-1	6-11-3-1	5-4-0-1	L1
Washington	40	21	17	0	2	118	120	44	14-5-0-1	7-12-0-1	5-4-0-1	L2
Buffalo	42	18	19	3	2	107	123	41	10-9-3-2	8-10-0-0	2-6-1-1	L3
Montreal	42	16	19	2	5	109	117	39	7-8-2-4	9-11-0-1	3-7-0-0	L1
Tampa Bay	41	17	20	1	3	113	141	38	11-5-0-1	6-15-1-2	3-5-1-1	L4
NY Islanders	40	15	19	4	2	96	126	36	9-9-3-0	6-10-1-2	5-5-0-0	W1
Carolina	44	14	23	4	3	113	148	35	10-11-0-3	4-12-4-0	4-5-0-1	L2

WESTERN CONFERENCE

	GP	W	L	OTL	SL	GF	GA	Pts	Home	Away	Last 10	Strk
d-Vancouver	44	27	14	0	3	144	108	57	12-5-0-2	15-9-0-1	6-3-0-1	W1
d-St. Louis	42	25	12	0	5	110	89	55	17-3-0-2	8-9-0-3	6-3-0-1	W4
d-San Jose	39	23	11	3	2	116	94	51	14-7-2-0	9-4-1-2	7-1-1-1	L1
Chicago	43	25	13	2	3	139	125	55	15-5-1-3	10-8-1-0	4-5-1-0	W1
Detroit	42	26	15	1	0	135	99	53	15-2-1-0	11-13-0-0	6-4-0-0	L1
Nashville	42	23	15	3	1	115	115	50	12-7-2-1	11-8-1-0	6-4-0-0	W2
Minnesota	43	22	15	2	4	101	105	50	12-6-1-2	10-9-1-2	2-7-0-1	W1
Los Angeles	43	21	15	3	4	93	95	49	13-10-0-2	8-5-3-2	6-1-1-2	W1
Dallas	41	23	17	0	1	114	119	47	13-7-0-1	10-10-0-0	5-5-0-0	L1
Colorado	44	23	20	1	0	115	124	47	13-11-0-0	10-9-1-0	7-3-0-0	L2
Phoenix	43	20	17	3	3	109	111	46	8-8-2-1	12-9-1-2	3-4-2-1	L1
Calgary	44	20	19	3	2	109	127	45	12-5-1-1	8-14-2-1	5-4-1-0	W2
Edmonton	41	16	22	0	3	111	119	35	10-6-0-2	6-16-0-1	2-8-0-0	L3
Anaheim	41	13	22	2	4	104	135	32	10-12-1-0	3-10-1-4	4-5-0-1	W3
Columbus	42	11	26	1	4	101	142	27	6-11-1-2	5-15-0-2	2-7-0-1	L2

d — division leaders ranked 1-2-3 regardless of points; a team winning in overtime or shootout is credited with two points and a victory in the W column; the team losing in overtime or shootout receives one point which is registered in the OTL (overtime loss) or SL (shootout loss) column.

Last night's results

Pittsburgh at Washington

New Jersey at Edmonton

Tuesday's results

Calgary 6 New Jersey 3

Ottawa 5 Pittsburgh 1

Toronto 2 Buffalo 0

Vancouver 5 Tampa Bay 4 (SO)

Boston 5 Winnipeg 3

St. Louis 3 Montreal 0

Anaheim 5 Dallas 2

Chicago 5 Columbus 2

Minnesota 5 San Jose 4 (SO)

Nashville 4 Colorado 1

N.Y. Rangers 2 Phoenix 1 (SO)

N.Y. Islanders 5 Detroit 1

Philadelphia 2 Carolina 1

Tonight's games — All Times Eastern

Montreal at Boston, 7 p.m.

Philadelphia at N.Y. Islanders, 7 p.m.

Ottawa at N.Y. Rangers, 7 p.m.

Carolina at Tampa Bay, 7:30 p.m.

Phoenix at Detroit, 7:30 p.m.

Vancouver at St. Louis, 8 p.m.

Colorado at Nashville, 8 p.m.

San Jose at Winnipeg, 8:30 p.m.

Minnesota at Chicago, 8:30 p.m.

Anaheim at Calgary, 9:30 p.m. (changed from 9 p.m.)

Dallas at Los Angeles, 10:30 p.m.

BRUINS 5, JETS 3

First Period

1. Winnipeg, Ladd 14 (Bogosian, Enstrom) 16:53

2. Boston, Horton 13 (Lucic, Krejci) 19:20

Missed penalty shot — Thorburn Wpg, 5:57.

Penalty — Ladd Wpg (holding) 1:42.

Second Period

3. Winnipeg, Wheeler 9 (Enstrom, Bogosian) 0:31

4. Boston, Thornton 4, 5:16 (penalty shot, sh)

5. Winnipeg, Fehr 1 (Stapleton) 11:11

Penalties — Thornton Bos (illegal check to head minor) 3:05, Ference Bos (hooking) 4:38, Stuart Wpg, Thornton Bos (fighting) 10:17, Ference Bos (goaltender interference) 16:30.

Third Period

6. Boston, Horton 14 (Krejci, Lucic) 0:08

7. Boston, Seguin 17 (Bergeron) 3:06

8. Boston, Pouliot 8 (Bergeron, Peverley) 6:41 (pp)

Penalties — Ladd Wpg (interference) 5:25, McQuaid Bos (interference) 10:31, Jones Wpg (tripping) 13:05.

Shots

Winnipeg 14 10 8 32

Boston 13 7 22 42

Goal — Winnipeg: Pavelec (L15-14-5); Boston: Rask (W10-4-1). Power plays (goals-chances) — Winnipeg: 0-4; Boston: 1-3.

Referees — Greg Kimmerly, Stephen Walkom. Linesmen — Steve Barton, Brian Murphy.

Attendance — 17,565 (7,565) at Boston.

CANUCKS 5, LIGHTNING 4 (SO)

First Period

1. Vancouver, Edler 7 (Sulzer, H.Sedin) 2:36

2. Vancouver, Hansen 13 (Hanhuis) 8:16 (sh)

Penalties — St. Louis TB (goaltender interference) 3:11, Alberts Vcr (hooking) 7:38, Ballard Vcr (tripping) 15:50, Moore TB (roughing) 18:26.

Second Period

3. Tampa Bay, Stamkos 29 (Malone, Bergeron) 10:12

4. Vancouver, Malkin 4 (Duro, Ballard) 12:27

5. Tampa Bay, Lecavalier 16 (Stamkos, Gilling) 19:28

6. Vancouver, Kesler 12 (Raymond, Hodgson) 19:58

Penalty — Downie TB (roughing) 10:12.

Third Period

7. Tampa Bay, Downie 7 (Kubina, St. Louis) 6:14

8. Tampa Bay, Malone 8 (St. Louis, Lecavalier) 18:59

Penalty — Burrows Vcr (goaltender interference) 14:02.

Overtime

No Scoring.

Penalty — Brewer TB (holding) 4:20.

Shootout

Vancouver wins 1-0

Vancouver (1) — Bieksa, miss; Raymond, goal.

Tampa Bay (0) — Malone, miss; Moore, miss; Stamkos, miss.

Shots

Vancouver 9 14 4 1—28

Tampa Bay 7 14 9 1—31

Goal — Vancouver: C.Schneider (W10-5-0); Tampa Bay: Roloson (L6-9-2). Power plays (goals-chances) — Vancouver: 0-4; Tampa Bay: 0-3.

Referees — Paul Devorski, Ghislain Hebert. Linesmen — Don Henderson, Jonny Murray.

Attendance — 17,630 (19,204) at Tampa, Fla.

FLAMES 6, DEVILS 3

First Period

1. Calgary, Bouwmeester 2 (Iginya, Butler) 5:54

2. Calgary, Sarich 1 (Backlund, Bouma) 7:32

3. Calgary, Glencross 19 (Jokinen, Iginya) 13:12

4. Calgary, Brodie 2 (Bouwmeester, Glencross) 16:38 (pp)

Penalties — Salvador NJ (interference) 3:37, Henrique NJ, Iginya Cal (fighting), Glencross Cal (unsportsmanlike conduct) 13:53, New Jersey bench (Too many men; served by Boulton) 16:32, Wilson Cal (boarding) 18:47.

Second Period

5. New Jersey, Kovalchuk 16 (Henrique, Paris e) 14:48

6. Calgary, Stempniak 9 (Backlund, Glencross) 16:38

7. New Jersey, Henrique 13 (Parise, Larsson) 17:24 (sh)

Penalties — Boulton NJ, Jackman Cal (fighting) 1:39, Fayne NJ (delay of game) 17:14.

Third Period

8. New Jersey, Elias 15 (Kovalchuk, Foster) 6:04 (pp)

9. Calgary, Iginya 17 (Jokinen, Glencross) 8:49

Penalties — Iginya Cal (hooking) 5:52, Sarich Cal (hooking) 13:27, Zubrus NJ (hooking) 15:26, Zubrus NJ (interference) 17:39.

Shots

New Jersey 6 11 21 38

Calgary 8 3 3 14

Goal (shots-saves) — New Jersey: Brodeur (5-3), Hedberg (L11-7-1) (7:32 first; 9-5); Calgary: Kiprusoff (W19-14-2). Power plays (goals-chances) — New Jersey: 1-4; Calgary: 1-5.

Referees — Brad Meier, Dean Morton. Linesmen Scott Driscoll, Brian Mach.

Attendance — 19,289 (19,289) at Calgary.

NFL

PLAYOFFS

DIVISIONAL PLAYOFFS

All Times Eastern

Saturday's games

NFC

New Orleans (14-3) at San Francisco (13-3), 4:30 p.m.

AFC

Denver (9-8) at New England (13-3), 8 p.m.

Sunday's games

AFC

Houston (11-6) at Baltimore (12-4), 1 p.m.

NFC

N.Y. Giants (10-7) at Green Bay (15-1), 4:30 p.m.

BASKETBALL

NBL

Tuesday's result

Halifax 101 Moncton 91

Tonight's games — All Times Eastern

Oshawa at Summerside, 6 p.m.

Moncton at London, 7 p.m.

Saturday's games

Saint John at Halifax, 6 p.m.

London at Quebec, 7:30 p.m.

Sunday's games

Summerside at Quebec, 1:05 p.m.

London at Saint John, 4 p.m.

SOCCER

ENGLAND

CARLING CUP

First Leg

Yesterday's result

Manchester City 0 Liverpool 1

PREMIER LEAGUE

Tottenham 2 Everton 0

LEAGUE CHAMPIONSHIP

Birmingham 2 Ipswich 1

NBA

EASTERN CONFERENCE

	W	L	Pct	GB
d-Chicago	9	2	.818	—
d-Miami	8	2	.800	½
d-Philadelphia	7	2	.778	1
Atlanta	7	3	.700	1½
Indiana	6	3	.667	2
Orlando	6	3	.667	2
New York	5	4	.556	3
Boston	4	4	.500	3½
Cleveland	4	5	.444	4
Toronto	4	6	.400	4½
Milwaukee	3	6	.333	5
Detroit	2	8	.200	6½
Charlotte	2	8	.200	6½
New Jersey	2	8	.200	6½
Washington	1	8	.111	7

WESTERN CONFERENCE

	W	L	Pct	GB
d-Oklahoma City	9	2	.818	—
Portland	7	2	.778	1
d-L.A. Lakers	7	4	.636	2
d-San Antonio	6	4	.600	2½
Utah	6	3	.667	2
Denver	6	4	.600	2½
L.A. Clippers	4	3	.571	3
Dallas	5	5	.500	3½
Phoenix	4	5	.444	4
Memphis	3	6	.333	5
New Orleans	3	6	.333	5
Houston	3	6	.333	5
Golden State	3	6	.333	5
Minnesota	3	7	.300	5½
Sacramento	3	7	.300	5½

d-division leaders ranked in top four positions

Last night's results

Atlanta at Indiana

Sacramento at Toronto

Philadelphia at New York

Washington at Chicago

Oklahoma City at New Orleans

Dallas at Boston

Houston at San Antonio

New Jersey at Denver

L.A. Lakers at Utah

Orlando at Portland

Miami at L.A. Clippers

Tuesday's results

Washington 93 Toronto 78

Houston 82 Charlotte 70

Philadelphia 112 Sacramento 85

Dallas 100 Detroit 86

Chicago 111 Minnesota 100

Oklahoma City 100 Memphis 95

Milwaukee 106 San Antonio 103

Utah 113 Cleveland 105

Portland 105 L.A. Clippers 97

Golden State 111 Miami 106 (OT)

L.A. Lakers 99 Phoenix 83

Tonight's games — All Times Eastern

Charlotte at Atlanta, 7:30 p.m.

New York at Memphis, 8 p.m.

Detroit at Milwaukee, 8 p.m.

Cleveland at Phoenix, 9 p.m.

Orlando at Golden State, 10:30 p.m.

Tomorrow's games

Detroit at Charlotte, 7 p.m.

Indiana at Toronto, 7 p.m.

Washington at Philadelphia, 7 p.m.

Sacramento at Houston, 8 p.m.

Minnesota at New Orleans, 8 p.m.

Chicago at Boston, 8 p.m.

Milwaukee at Dallas, 8:30 p.m.

Portland at San Antonio, 8:30 p.m.

New Jersey at Phoenix, 9 p.m.

Cleveland at L.A. Lakers, 10:30 p.m.

Miami at Denver, 10:30 p.m.

ATP-WTA APia INTERNATIONAL

At Sydney, Australia

Men's Singles — Second Round

Juan Martin del Potro (1), Argentina, def. Lukasz Kubot, Poland, 6-4, 6-2.

Bobby Reynolds, U.S., def. John Isner (2), U.S., 3-6, 6-4, 6-3.

Richard Gasquet (3), France, def. Fabio Fognini, Italy, 6-2, 6-1.

Julien Benneteau, France, def. Feliciano Lopez (4), Spain, 6-3, 6-4.

Alex Bogomolov Jr., Russia, def. Viktor Troicki (5), Serbia, 7-6 (5), 6-4.

Doubles — Quarter-finals

Matthew Ebdon, Australia, and Jarkko Nieminen, Finland, def. Max Mirnyi, Belarus, and Daniel Nestor (2), Toronto, 0-6, 6-4, 10-4 (tiebreak).

Women's Singles — Quarter-finals

Agnieszka Radwanska (7), Poland, def. Caroline Wozniacki (1), Denmark, 3-6, 7-5, 6-2.

Petra Kvitova (2), Czech Republic, def. Daniela Hantuchova, Slovakia, 6-0, 6-4.

Victoria Azarenka (3), Belarus, def. Marion Bartoli (8), France, 7-5, 6-4.

Li Na (4), China, def. Lucie Safarova, Czech Republic, 6-2, 7-6 (3).

WTA MOORILLA HOBART INTERNATIONAL

At Hobart, Australia

Singles — Second Round

Mona Barthel, Germany, def. Anabel Medina Garrigues (2), Spain, 6-1, 6-4.

Jarmila Gajdosova (A), Australia, def. Anastasia Rodionova, Australia, 6-3, 1-6, 6-4.

Shahar Peer (6), Israel, def. Sacha Jones, New Zealand, 7-6 (7), 6-4.

AAMI CLASSIC

At Melbourne, Australia

Yesterday's results

First Round

Mardy Fish, U.S., def. Milos Raonic, Thornhill, Ont., 6-1, 6-2.

Jurgen Melzer, Austria, def. Jo-Wilfried Tsonga, France, 6-4, 6-3.

Bernard Tomic, Australia, def. Tomas Berdych, Czech Republic, 4-6, 6-3, 6-4.

Gael Monfils, France, def. Andy Roddick, U.S., 7-6 (2), 7-6 (3).

AUSTRALIAN OPEN QUALIFYING

At Melbourne, Australia

Yesterday's results

Men

Singles — First Round

Amer Delic, Bosnia-Herzegovina, def. Marsel Ilhan (4), Turkey, 4-6, 6-3, 6-2.

Jimmy Wang, Taiwan, def. Izak Van der Merwe (6), South Africa, 6-4, 6-2.

Lukas Lacko (7), Slovakia, def. Jaroslav Pospisil, Czech Republic, 6-0, 6-3.

Illya Marchenko, Ukraine, def. Rogerio Dutra Silva (8), Brazil, 6-4, 6-1.

Vasek Pospisil (9), Vernon, B.C., def. John Millman, Australia, 3-6, 7-6 (5), 6-2.

Rik de Voest (11), South Africa, def. Maxime Authom, Belgium, 6-0, 4-6, 6-1.

Rainer Schuettler (12), Germany, def. Chris Guccione, Australia, 7-6 (5), 7-6 (4).

Ricardas Berankis (13), Lithuania, def. Fabrice Martin, France, 6-4, 6-4.

Simone Bolelli (14), Italy, def. Michael Lammner, Switzerland, 4-6, 7-6 (5), 6-4.

Andrey Golubev (20), Kazakhstan, leads Erik Chvojka, Kirkland, Que., 3-6, 6-3, 5-1 (0-15) (susp., rain).

Pierre-Ludovic Duclos, Ste-Foy, Que., def. Facundo Bagnis (28), Argentina, 6-3, 1-6, 6-4.

Peter Polansky, Thornhill, Ont., def. Simone Vagnozzi, Italy, 6-3, 6-2.

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Who's No. 1: Nail or Mikhail?

► Top pick in this year's NHL draft will likely come down to choice between pair of Russian forwards

Forget Taylor or Tyler. How about Nail vs. Mikhail?

The NHL team that ends up picking first overall in June's draft appears as though it will have to select between a pair of Russian forwards — Nail Yakupov of the OHL's Sarnia Sting and Mikhail Grigorenko of the QMJHL's Quebec Remparts.

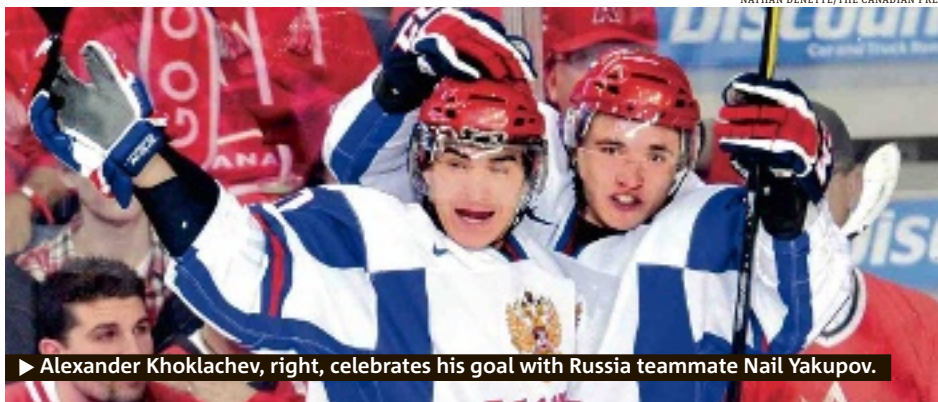
Let the debate begin. Yakupov was named the top North American-based skater in mid-season rankings released Wednesday by NHL central scouting, but has been receiving a strong challenge from his compatriot in the bid to be selected first in the 2012 draft.

"The potential is there that some teams would not

have (Yakupov) No. 1," Dan Marr, the NHL's director of central scouting, said in an interview. "Grigorenko is making a strong case for himself as a first overall candidate. It's close.

"As we said in the meeting there, we're almost at the point where we sort of like to reference them as 1A and 1B."

If that continues, it could end up being a situation similar to the one that played out in 2010 when Taylor Hall and Tyler Seguin entered the draft in a virtual dead heat. The Edmonton Oilers ended up taking Hall at No. 1 while Seguin landed with the Boston Bruins.



► Alexander Khoklachev, right, celebrates his goal with Russia teammate Nail Yakupov.

Yakupov and Grigorenko were teammates on the Russian team that won silver at the recent world junior championship, where Yakupov suffered a right knee injury that will keep

him on the sidelines until the end of the month.

The 18-year-old winger has 21 goals and 53 points in 26 games for the Sting this season.

"There's very few times

where you leave a rink and say 'there's some players worth the price of admission,'" said Marr. "He's got the ability there to just take over a game. He's got that high-energy, high-speed

game and he's got a scoring touch.

"He's capable of being a difference-maker in a game."

Grigorenko is a centre who has compiled 25 goals and 58 points in 36 games for Quebec. Both he and Yakupov are vying to become the first Russian selected No. 1 since Alex Ovechkin in 2004.

Other contenders include Ryan Murray of the WHL's Everett Silvertrips, who at No. 3 is the highest-ranked Canadian player. He is one of seven defencemen ranked inside the top-10 in a draft class that appears to be deep on the blue-line.

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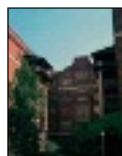
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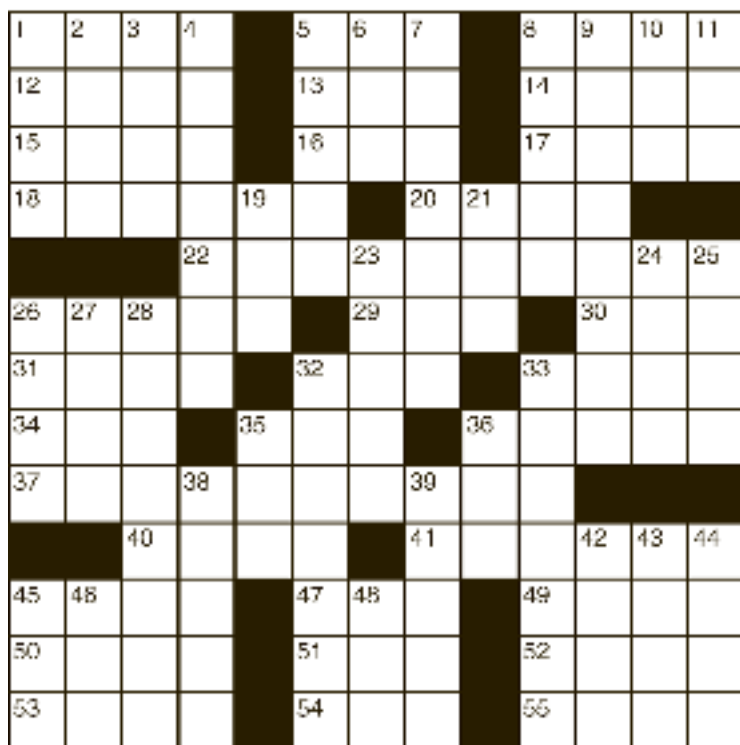
Crossword

Across

1 Volcanic spillage
5 Solo of "Star Wars"
8 Bang the door loudly
12 Troop group
13 Inseparable
14 Caffeine-rich nut
15 Swag
16 Twitch
17 Terrible guy?
18 Loosen a sneaker
20 Dangling locale
22 One way to quit
26 Ungainly
29 Cage piece
30 Born
31 Raw minerals
32 "See ya"
33 TV chef Cat
34 Have a bug
35 "Ulalume" writer
36 Croc's cousin
37 Speak frankly
40 Transaction
41 Nerve tissue cell
45 Pic you can click
47 Conk out
49 Unaccompanied
50 Beach matter
51 Geological period
52 Right angles
53 Sandwich cookie
54 Roulette bet
55 Do in

Down

1 Humdinger
2 Any time now
3 String instrument
4 Assaults
5 "Monopoly" building



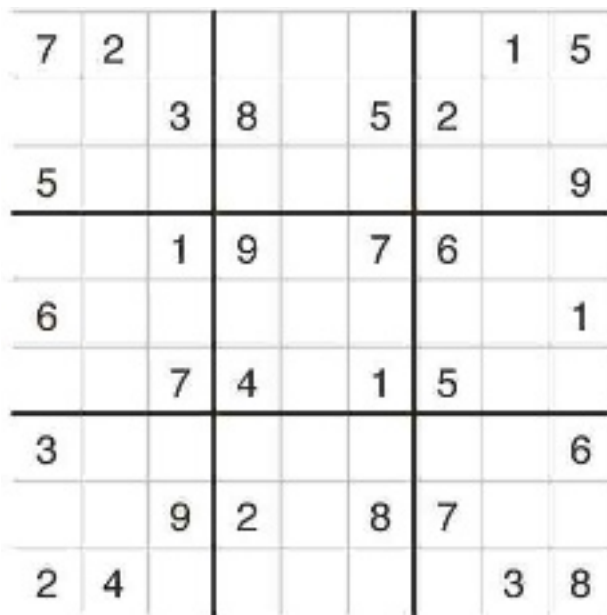
6 Singer DiFranco
7 Cravat
8 Lindsey Vonn, for one
9 Entwined symbol of affection
10 — carte
11 Fellow
19 Demure
21 Gist
23 Laundromat machine
24 Architect Saarinen
25 Calendar quota
26 Capricorn
27 Met melody

28 "Bravo!"
32 Colorado city
33 Range horses
35 Sch. org.
36 "Gosh!"
38 Japanese fencing
39 Work dough
42 Roster
43 — podrida
44 Inquisitive
45 Equal (Pref.)
46 Automobile
48 Rage

► Yesterday's answer



Sudoku



How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

Yesterday's answer ►

1	2	8	9	4	6	7	5	3
9	4	5	7	3	8	1	6	2
6	3	7	1	2	5	8	4	8
7	9	2	8	1	4	6	3	5
3	5	4	8	7	2	8	9	1
8	6	1	5	9	3	4	2	7
2	8	9	4	5	1	3	7	6
4	1	3	2	6	7	5	8	9
5	7	6	3	8	9	2	1	4

Send a KISS

You can now post your kiss, and read even more kisses, online at metronews.ca/kiss.

V.T. Love is quite warm sensing, why are you saying it's complicated? I want to know something still confused. Let's meet some time. LOST

r. mendgen

I love you so much that you are engraved into my existence. When im with you i bask in the essence of who you are. Your love is like the sun, it wraps around me engulfing me in warmth. Happy valentines RICARDO C

treasure, You put up this strong manly exterior, but your eyes show me your in a lot of pain. You speak, but your not speaking with your heart. So next time when you see me take off your disguise and stop depriving yourself and your heart from what it deserves and speak 2 me from the heart. You too deserve to be happy! P.S I never thought of you as a quitter, more as a fighter.... ME

Today's horoscope

♈ Aries March 21-April 20

People come to you with their problems all the time. But at some stage today, you'll have to make it clear that enough is enough.

♉ Taurus April 21-May 21

Ignore work problems until the Sun crosses the career angle of your chart on the Jan. 20.

♊ Gemini May 22-June 21

The Sun in Capricorn at this time of year tends to make life look gray. You have plenty to look forward to.

♋ Cancer June 22-July 22

Go out and enjoy yourself today but watch how much you spend and who you spend it on.

♌ Leo July 23-Aug. 23

You may be spontaneous by nature but time spent planning today will not be time wasted.

♍ Virgo Aug. 24- Sept. 22

Look for compromise solutions today. That might not be easy when everyone else seems to be looking for reasons to argue.

♎ Libra Sept. 23-Oct. 23

No matter how secure you may feel in your current situation, you can sense that changes are coming.

♏ Scorpio Oct. 24-Nov. 22

Don't let anyone get away with saying things about you that are not true today. Stand up for yourself.

For today's crossword answers and for expanded horoscopes, go to metronews.ca

♐ Sagittarius Nov. 23-Dec. 21

Make a point of telling a friend how much he or she means to you.

♑ Capricorn Dec. 22-Jan. 20

Anyone who thinks you'll give up easily will learn the hard way today that Capricorns aren't quitters.

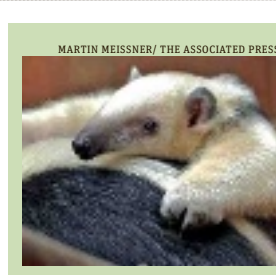
♒ Aquarius Jan. 21-Feb. 18

Just over a week from now, the Sun will move into your birth sign and a new solar year will begin. Conserve your energy, you'll need it.

♓ Pisces Feb. 19-March 20

Someone you meet may be fun to be with but don't be foolish and trust him or her with personal information. **SALLY BROMPTON**

Caption contest



You write it!

WIN! Write a funny caption for the image above and send it to play@metronews.ca — the winning caption will be published in Thursday's Metro.

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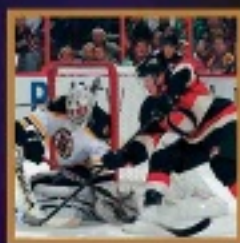
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